



Thakur Educational Trust's (Regd.)

**THAKUR RAMNARAYAN
COLLEGE OF ARTS & COMMERCE**

NAAC Accredited & ISO 21001:2018 Certified



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Criterion 7 - Institution Values and Best Practice

Key Indicator - 7.1 - Institutional Values and Social Responsibilities

QLM 7.1.11 - Institution celebrates / organizes national and international commemorative days, events and festivals

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TRCAC/IP/06/FRM/07

Revision: A

REPORT OF THE NATIONAL SERVICE SCHEME

On

Republic Day

Azadi ka Amrit Mahotsav

26th January, 2024

ORGANISED BY

THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE

By Mahima Yogeeswarar

BACKGROUND

- ❖ **Reason/Objective:** The objective was to celebrate the National Festival with immense patriotic fervour and zeal t
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** Volunteers participated in a huge number and showcased their talent in the form of Folk Dance and Patriotic song followed by Speech on Republic Day.
- ❖ **Expected to increase:** The activity aimed to celebrate the monumental day by presenting Soulful Patriotic songs and Folk dance.

BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officers and N.S.S volunteers planned to celebrate Republic Day on 26th January 2024 a momentous occasion with great pride by delivering informative speech in regards to the importance of the Drafting Committee headed by Dr B.R. Ambedkar followed by Folk Dance and Patriotic singing competition. Volunteers joined with great enthusiasm and made the event a successful one.

OBJECTIVES OF ACTIVITY

The main objectives behind the program held was to

- To Celebrate our National Festival and showcase the talent virtually.
- To bring the realization among our Volunteers about their rights and duties also value their existence.

DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff 2
Number of NSS Volunteers 38

Conduct of the Activity:

Number of meetings held Details of the meetings to organize the activity

1. Date - 24th January, 2024.
2. Duration of the Meeting - 30 minutes.
3. The following points were discussed:
 - Joining the meeting on time
 - Appropriate Song selection.
 - Maintaining Discipline during the event.
 - Wearing the N.S.S. T-shirt throughout the event.

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.

SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society and realization of our Volunteers.

BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.

Reminding about the rights and duties as the citizens of India.

Outcome of Republic Day Celebration was:

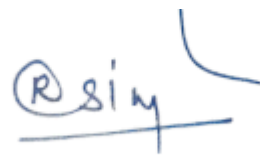
Activity the volunteers were able to:

- To be aware of the history and the significance of Republic Day followed by a motivational talk highlighting the duties & rights of citizens.
- A plethora of activities were organised to infuse the spirit of unity, brotherhood and patriotism among the Volunteers.



Programme Officer

N.S.S.



Principal





TRCAC/IP/06/FRM/07

Revision: A

REPORT OF NATIONAL SERVICE SCHEME

ON

Constitution Pledge

Held On

26th November, 2023

ORGANISED BY

THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE

By Mahima Yogeeswarar

BACKGROUND

- ❖ **Reason/Objective:** The objective was to celebrate the Constitution Day with zeal and enthusiasm
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit and Ceep Committee of Thakur Ramnarayan College of Arts & Commerce.
- ❖ **Usefulness:** The motive behind this activity was to be grateful towards the opportunity received in N.S.S to serve others selflessly. .
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share and express their experience of N.S.S.

BRIEF INTRODUCTION:

National Service Scheme (NSS) Unit and Ceep Committee of Thakur Ramnarayan College of Arts and Commerce had organized “**Constitution Day Celebration**” on 26th November 2023 in Trcac campus. The volunteers did a play on creating awareness about our fundamental rights given by our constitution.

All the N.S.S. Volunteers were informed to meet at the location and were requested to wear the N.S.S. and throughout the day. The active involvement of volunteers was seen during the event. The active involvement of volunteers was seen during the event.

OBJECTIVES OF ACTIVITY:

The main objectives behind the program held was :

- To Celebrate Constitution day with enthusiasm.
- To Create awareness about our fundamental rights
- To motivate the students in regards to responsible volunteers.
- To make the students alert and responsible towards society.



DETAILS OF PARTICIPANTS:

Number of Faculty Members/ Staff	2
Number of NSS Volunteers	18

Conduct of the Activity:

- Notice No. TRCAC/DC/NSS/33 of 2023-24 was circulated on 22/11/2023.

Number of meetings held	Details of the meetings to organize the activity
1	1. Date – 22 November, 2023 2. Duration of the Meeting - 30 Minutes. 3. The following points were discussed <ul style="list-style-type: none"> • Proper code of conduct to be maintained while being on the task of spreading happiness. • Roles and responsibilities for particular Volunteers.

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.

SUGGESTIONS/COMMENTS:

- **Frequency** of such social awareness activity should be increased for the motivation of the society.



BEST LIKED PART OF THE PROGRAM:

- **Use of activity-based approach.**
- **Active involvement** from the volunteers and students.
- **Significance to help, share and spread awareness** among the society.

OUTCOME:

After the activity the volunteers were able to:

- Inculcate a sense of responsibility towards society.
- Promote gratitude towards social service.
- Create awareness about fundamental rights

Programme Officer

N.S.S



Principal





TRCAC/IP/06/FRM/07

Revision: A

REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.) On
National Unity Day Celebration: Pledge & E Waste Collection

Azadi ka Amrit Mahotsav

31st October, 2023

ORGANISED BY

THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE

By Mahima Yogeeswarar

BACKGROUND

- ❖ **Reason/Objective:** The objective was to take the Pledge of Unity to serve our Nation.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of cleanliness for a healthy, socially responsible, economically dynamic and progressive nation.
- ❖ **Expected to increase:** The activity aimed to make students aware about the importance of social responsibility.

BRIEF INTRODUCTION:

National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S Team who were present voluntarily and took a unity pledge on National Unity Day in memory of Sardar Vallabhbhai Patel as it was his Birth Anniversary. We all took a pledge to remove waste which is hazardous and dangerous to the Environment. We also took pledge to follow and save the integrity of our nation. All the N.S.S. Volunteers were informed to meet at College at 2:00 p.m. and were requested to wear the N.S.S



OBJECTIVES OF ACTIVITY

The main objectives behind the program held was to

- To take a pledge of integrity and be united to serve the nation.
- To spread unity in diversity.



DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff	2
Number of NSS Volunteers	12

Conduct of the Activity:

- Notice No. TRCAC/DC/NSS/029 of 2023-24 was circulated to NSS volunteers on 28/10/2023.

Number of meetings held	Details of the meetings to organise the activity
1	1. Date - 28th October, 2023. 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> • Roles and responsibilities for particular volunteers were allotted. • Sanitization of themselves on a regular basis. • Maintaining Discipline during the event. • Wearing the N.S.S T- shirt.

The overall arrangement was supervised by the Principal and executed by N.S.S. P.O., N.S.S. A.P.O., Advisor and Volunteers of N.S.S.



SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of a neat and clean society.

Outcome of National Unity Day Celebration: Pledge: Activity the volunteers were able to:

- To understand our nation's unity
- To promote a positive attitude towards a healthy environment.
- Realise the role of NSS volunteers as a part of society for its enhancement.

Programme Officer

N.S.S



Principal



TRCAC/IP/06/FRM/07

Revision: A

REPORT ON “International Girl Child Day”

11th OCTOBER, 2023

ORGANISED BY

WOMEN DEVELOPMENT CELL

THAKUR RAMNARAYAN COLLEGE OF ARTS AND COMMERCE

BACKGROUND

- **Reason/Objective-** The main objective was to increase awareness among students, faculty, and staff about the significance of International Girl's Child Day, highlighting the challenges faced by girls globally and the importance of supporting their rights.
- **Conducted under -** The seminar was conducted by **Women Development Cell**.
- **Usefulness -** The seminar equipped participants with the knowledge and skills required to overcome obstacles and pursue their aspirations.
- **Expected Outcome-** The expected outcome of the seminar was to promote positive shifts in attitudes and perceptions regarding gender roles, stereotypes, and biases, leading to a more inclusive and supportive campus environment.
- **Expected to increase-** The workshop is aimed at encouraging active participation in initiatives that promote positive change, both on and off the campus.

BRIEF INTRODUCTION

The **WDC Committee** organised a seminar on “**International Girl’s Child Day**” on 12th October, 2023. The **Chairperson** of the **WDC** committee **Ms. Priyadarshini Singh** welcomed the speaker for the day. The Chief Guest of the event was **Smt.Smita Patil, Deputy Commissioner of Police, Mumbai**.

The seminar began with the inauguration of the logo of Women Development Cell followed by a small skit organised by the junior college students.

Further the event was addressed by Smt.Smita Patil. She conveyed about the various challenges that girls face globally as well as how gender equality must extend beyond the boundaries of the classroom and resonate in every facet of our society. She also emphasised on how it is imperative that we create an environment where every girl feels safe, valued, and empowered to pursue her dreams.

The seminar ended by **vote of thanks** proposed by **Ms.Venissa Koli**.

Students were notified about the seminar through the Website, Instagram page and Notice. On the day of the event, students were present in the college campus.

OBJECTIVES OF SEMINAR

The main objectives behind the program held was to

- Encourage a mindset shift towards equal opportunities for all, irrespective of gender.
- Emphasise the importance of gender equality and challenge stereotypes and biases that hinder the progress of girls.

DETAILS OF PARTICIPANTS

Number of faculty in-charge	01
Number of Participants	50
TOTAL	54

CONDUCT OF THE ACTIVITY

Notice No.: TRCAC/DC/JC/WDC/06 of 2023-24 was circulated among students on 07/10/2023 through a website and WhatsApp group.

The overall arrangements were supervised by the Chairperson of WDC Committee (DC & JC) Department and executed by the event incharges.

SUGGESTIONS/COMMENTS

- More such programs should be organised.

BEST LIKED PART OF THE PROGRAM

- Active involvement from the participants.

OUTCOME

After the event, the participants were able to:

- Inspire students in becoming advocates for gender equality, actively participating in initiatives that promote positive change on campus and within the community



Ms. Priyadarshini Singh
Event In- Charge



Dr. Ravish R Singh
Principal





TRCAC/IP/06/FRM/07

Revision: A

REPORT OF NATIONAL SERVICE SCHEME ON

योग उत्सव-Yoga For Humanity

Held On

21st June, 2023

ORGANISED BY

THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE

By Mahima Yogeeswarar

BACKGROUND

Reason/Objective - The objective was to enhance knowledge and impart health benefits of Yoga.

Conducted under - The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce.

Usefulness- Understood the importance of Yoga, Pranayam & different Asanas initiated by tradition of India.

Expected Outcome - The expected outcome of the activity was to develop good physical and mental health of students through Yoga.

Expected to increase - The activity aimed at connecting students to nature by practicing Yoga and to make students aware of physical and mental diseases and its solutions through practicing Yoga.

BRIEF INTRODUCTION

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce had organized a "योग उत्सव-Yoga For Humanity on International Yoga Day" on 21st June 2023.

The activity was conducted with the Brahma Kumaris. The session covered the performance of Yoga poses and benefits of each pose in tackling disease and balancing body weight.

The faculty members,volunteers and students showed great enthusiasm throughout the event.



OBJECTIVES OF ACTIVITY

The main objectives behind the activity held was to

- To promote good mental and physical health through Yoga.
- To link between protection of health and sustainable health development.

DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff	02
Number of NSS Volunteers	12

Conduct of the Activity:

- Notice No. TRCAC/DC/CEEP/016 of 2022-23 was circulated on 20/06/2023.

Number of meetings held	Details of the meetings to organize the activity
1	1. Date – 17 th June, 2023 2. Duration of the Meeting - 30 Minutes. 3. The following points were discussed <ul style="list-style-type: none"> • Proper code of conduct to be maintained while performing Yoga Asanas. <ul style="list-style-type: none"> • Roles and responsibilities for particular Volunteers.

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer.

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer.

SUGGESTIONS/COMMENTS.

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

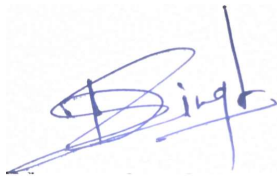
BEST LIKED PART OF THE PROGRAM

- **Use of activity-based approach.**
- **Active involvement** from the faculty members, volunteers and students.
- **Significance to spread awareness and importance of practicing Yoga among the society.**

Outcome

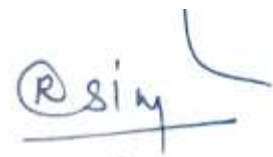
After activity the volunteers were able to:

- Realize the importance of good health.
- Develop the practice of yoga and maintain good health.



Programme Officer

N.S.S.



Principal





TRCAC/IP/06/FRM/08

Revision: A

REPORT OF THE SEMINAR” Hindi Divas”
14th September Wednesday
ORGANISED BY THAKUR RAMNARAYAN COLLEGE OF ARTS AND COMMERCE

By- Ceep Committee (DC)

BACKGROUND

- **Reason/Objective-** The objective was to motivate Junior and Degree College students. Considering the importance of the day and awareness about the use of national language the college decided to take a step forward and organize Hindi divas for Junior and Degree college Students.
- **Conducted under-** The program was conducted by the CEEP.
- **Usefulness-** The program was conducted to cater the Extra-Curricular needs of students.
- **Expected Outcome-** The expected outcome of the program was to make student aware about national language and to raise their academic level.
- **Expected to increase-** The program aimed at encouraging the students to learn languages and take part in the Extra-Curricular activities along with academics.

BRIEF INTRODUCTION

Hindi Divas - Celebrating **Hindi Divas** was to mark the need, uses, importance and virtue of our national language. The day was organized to encourage students to enhance their knowledge and develop love for Hindi Language.

OBJECTIVES OF EVENT

The main objectives behind the program held was to

- To guide and motivate Junior College and Degree college students.
- To encourage students to participate in Extra-Curricular activities along with academics.

DETAILS OF PARTICIPANTS

1.Number of faculty in-charge	03
2.Number of Volunteers	76

CONDUCT OF THE EVENT

Notice bearing No:TRCAC/JC-CEEP/007 of 2023-24 was circulated on the official WhatsApp group of the students on 11/09/2023.

The overall arrangements were supervised by Principal, Administrative Officer, full time faculty members and executed by Event In-Charges.

SUGGESTIONS/COMMENTS.

- More such programs should be organized.

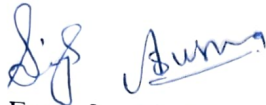
BEST LIKED PART OF THE PROGRAM

- Active involvement from the participants.
- Excellent Participation by Ceep students.

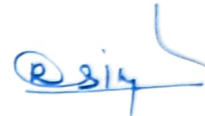
OUTCOME

After the event, Volunteers and participants were able to:

- Learn more about how an event was organized to promote the value and importance of our national language.
- Gain knowledge on how to speak the Hindi language.


Event In- Charge




Principal



Thakur Educational Trust's (Regd.)

THAKUR RAMNARAYAN
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TRCAC/IP/06/FRM/07

Revision: A

REPORT ON 'RAAS MALHAR' Garba Celebration

Organised By: CEEP

Date: 21st October, 2023

Time: 05:00 p.m. to 09:00 p.m.

Venue: College Campus, (Old Building)

BACKGROUND

- **Reason/Objective-** The main objective was to celebrate festivals celebrated in Indian Culture and provide enjoyment for the same.
- **Conducted under-** The event was conducted by the CEEP Committee.
- **Usefulness-** The event was conducted to involve the students and help them realise the community spirit of festivals.
- **Expected Outcome-** The expected outcome of the event was to provide students with enjoyment and a memorable experience of their college lives.
- **Expected to increase-** The event was expected to increase pride of Indian Culture and Festivals and sense of belongingness for the college.

BRIEF INTRODUCTION

The Thakur Ramnarayan College of Arts & Commerce organised a Garba Celebration for the students of the college, titled 'Raas Malhar' on account of 'Navratri'. The event was organised on Saturday, 21st October, 2023 in the evening at the college campus itself.

OBJECTIVES OF EVENT

The main objectives behind the program held was to

- To make students aware about the richness and variety of Indian festivals and culture.
- To promote an environment of fun and sense of brotherhood among students of the college.

CONDUCT OF THE ACTIVITY

Notice No.: TRCAC/DC/CEEP/030(A) of 2023-24 was sent to faculty and students on 20/10/2023 through Whatsapp. The overall arrangement was supervised by the Chairpersons of CEEP Committee and executed by the faculty members of the CEEP Committee.

OUTCOME

After the event, students were able to:

- Understand the importance of celebrating festivals together and enjoying them.
- Reconnect with their cultural roots and feel a sense of belonging and brotherhood among their peers.



Ms. Prachi Singh
Chairperson, CEEP



Dr. Ravish R Singh
Principal



REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

TRCAC Cha Ladka - Ganesha Celebration

Azadi ka Amrit Mahotsav

Held on

18th September, 2023 to 20th September, 2023

ORGANIZED BY

THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE

By Mahima Yogeeswarar

BACKGROUND

Reason/Objective : The objective is to promote a sustainable and green environment along with the theme of Azaadi Ka Amrit Mahotsav.

Conducted under : The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

Usefulness: The eco-friendly celebration focused on not creating harm to environment, and to prevent as much harm from occurring to the environment.

Expected to increase: The activity aimed to celebrate the Ganesh Chaturthi Utsav and make youth aware about Eco-Friendliness.

BRIEF INTRODUCTION

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. organized a Celebration for Ganesh Chaturthi Utsav with Eco Friendly Idol and decorations at college campus. from 18th September, 2023 to 20th September, 2023.

All the faculty members, teaching & non teaching staff of TRCAC, TRPS and TRCL enthusiastically became part of the eco friendly event and participated in aarti. The Volunteers were informed to come in N.S.S.



OBJECTIVES OF ACTIVITY

The main objectives behind the program was:

- To promote a sustainable and green environment.
- To promote the theme of Azaadi Ka Amrit Mahotsav.
- To increase the awareness about Indian culture.
- To celebrate Ganesh chaturthi Utsav in an eco-friendly manner.

DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff	2
Number of NSS Volunteers	28

CONDUCT OF ACTIVITY

- Notice No. TRCAC/DC/NSS/027 of 2023-24 was circulated to NSS volunteers on 16/09/2022.

Number of meetings held	Details of the meetings to organize the activity
1	1. Date - 16th September, 2023. 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> • Roles and responsibilities for particular volunteers were allotted. • Availability of resources. • Maintaining Discipline during the event. • Wearing the N.S.S T-shirt throughout the event.

The overall arrangement was supervised by the Principal and executed by NSS PO, NSS APO, Advisor and Volunteers of N.S.S.



SUGGESTIONS/COMMENTS

- **Frequency** of such social activity should be increased for motivating the youth and making them aware about their roles as a citizen of India.

BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working to** motivate the youth.
- **Significance to** spread awareness about the importance of Eco friendliness.

OUTCOME OF EVENT

After activity the volunteers were able :

- To promote a sustainable and green environment along with the theme of Azaadi Ka Amrit Mahotsav.
- Understand the significance of saving the environment by not using materials that are harmful.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.

Programme Officer

N.S.S.



Principal

